• Small-scale farmer marketing series •

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Packaging and labeling of fresh produce







Why package and label your produce?

Grading and packaging can be done on the farm to add value to the product.

- · Protect and preserve the product from damages e.g. bruising
- Convenient unit for distribution
- Makes your product attractive to the customer
- · Carries the label and makes the product recognizable

Different types of packaging material

Sacks and nets

Advantages

- Cheap
- Reusable
- Save space

Disadvantages are considerable

- Difficult to clean and sterilize. Allows the build-up of decaying organisms (e.g. bacteria and fungi) during multiple uses
- Lacks rigidity and can not protect the produce against damage during handling and transport

Baskets

Advantage

Relatively cheap

Disadvantage

 Offers extremely little protection to the produce when several baskets or other containers are stacked on top of each other

Wooden crates

Advantages

- Relatively resistant to different weather conditions
- Offers good ventilation

Disadvantages

- Untreated wood can easily become contaminated with decaying organisms (e.g. bacteria and fungi)
- May be difficult to wash effectively and keep clean.
- The rough surface of the wood may injure the produce





Fireboard carton

Advantages

- Light to carry, clean and smooth surfaced
- Allows for easy printed application of labels

Disadvantages

- Not reusable
- Easily damaged by water and rough handling unless impregnated with wax at extra cost

Plastic crates

Advantage

 Long lifespan allowing their use on a return basis for many journeys

Disadvantage

- Expensive

Paper and plastic film

Advantages

 Helps prevent produce rubbing together or against the package walls

Disadvantage

- Expensive

Plastic bags

Advantage

- Relatively cheap and widely available

Disadvantage

 If produce in plastic bags sweats this can give rise to perfect bacterial and fungal rot conditions

Packaging requirements

Each container

- Must be filled with the produce to full capacity
- Must contain produce of the same class and size group







Cucumbers should be wrapped in plastic film.





Markings and labeling

All packages must be marked with the following:

- Name and address of owner
- Class
- Size group of the fresh fruit or vegetable
- Net mass of the contents
- Name of the product if the contents are not visible
- Producers 'code or packhouse code



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List of distributors of fresh produce packaging material

Sakpro

Tel: (011) 692 1658

Vegetable bags

Crown Bag

Tel: (058) 468 1309

Manufacture paper bags for potatoes etc

Rand Plastics (PTY) LTD

Tel: (011) 626 2630/5

Vegetable crates, strawberry punnets

Mondipak

Tel: (011) 647 0600Fresh produce packaging

ILIP Packaging (Pty) Ltd

Tel (012) 790 2365Punnets &trays for fruit and vegetables

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